



Welcome to the UAF Student Recreation Center Indoor Climbing Wall



UAF is an AA/E Employer and educational institution

-----RULES & REGULATIONS-----

1. BOULDERERS, ROPED CLIMBERS, AND BELAYERS MUST WEAR CERTIFICATION CARD

Every person climbing and belaying must have completed the climbing wall safety orientation. The climber's cert card must be visible to climbing staff at all times. Climbers without cards will be asked to either take the safety orientation or leave the climbing wall. Climbing facility staff has the right to revoke your climbing privileges.

2. BE AWARE OF YOUR SURROUNDINGS

We are in a climbing gym, which means it's also a falling gym. Be aware and stay out of the "swing zones". This is where roped climbers will swing when they fall, and also where boulderers will land when they fall. Standing under climbers and/or route setters means gear may also fall on you.

3. BOULDER BELOW THE YELLOW LINE ONLY

Bouldering is allowed during all facility hours to those who have completed the safety orientation. No topping out on the ledge.

4. HARNESSES MUST BE COMMERCIALY MADE

All harnesses must be commercially made by a reputable company, must be in good condition, and properly fit to the wearer. All buckles must be doubled back, and checked by both climber and belayer. Harnesses are available for check-out at the SRC front desk.

5. CLIMBERS MUST TIE IN WITH A REWOVEN FIGURE-8

Climbers must tie a rewoven figure-8 knot directly to their harness. No locking carabiners or bowlines allowed. Rewoven figure-8 knots must have appropriate tail, and be checked by belayer.

6. BELAYERS MUST USE THE PROVIDED GRI-GRI STATIONS

Belay devices must be attached to the harness of the belayer by means of a locking carabiner. Only DRAW belay devices are allowed at the wall.

7. CLIMB WITHIN YOUR "CONE" TO AVOID A SWING

Be sure that the route you choose to follow ends at the anchor of the rope you are using. You may start 5 to 8 feet to the side, but as you climb higher, you must be below the anchor to avoid a hard swing. Do not climb above top-rope anchors, same principle.

8. DO NOT CLIMB BELOW OTHER CLIMBERS

Upper climber has right of way. Likewise do not stand under climbers or route setters. Setting equipment or climbers falling on you will hurt.

9. LEAD CLIMBING IS NOT ALLOWED

Lead climbing is only allowed when a lead climbing instructor is supervising. Mock-lead climbing, where a climber, belayed at a top rope station, drags a second rope to simulate lead climbing, is permissible.

10. DRY TOOLING WITH ICE TOOLS IS NOT ALLOWED

Ice tools and crampons damage indoor climbing surfaces. You may use DRY ICE tools that use a rubber loop to hook the holds.

11. NO FINGERS IN BOLT HANGERS

Bolt hangers are for carabiners only, they may seriously injure your fingers.

12. KEEP YOUR CHALK CONTAINED

Chalk on the floor and in the air makes for a dirty and unhealthy gym environment.

13. TIE ROPES BACK